



CITY OF MEDICINE ACADEMY

Course Description Guide

English Language

Foundation of English 1:

High School Literacy Foundations students will be immersed in reading and writing that will accelerate the development of their literacy skills. Through literary study of high interest fiction and an analytic study of non-fiction texts, students will develop their reading fluency, comprehension and vocabulary so reading becomes easier and enjoyable. Non-fiction texts from all academic content area classes and student research will be accessed, explored, analyzed and evaluated as students sharpen the literary skills necessary to be a successful reader and writer in school, college, and the workplace.

English 1 Honors:

Prerequisite: None

English I students will study literature; informational texts; poetry; drama; biographical works; influential documents of historical and literary significance and art from all genres to gain knowledge of global cultures, diverse identities, current events and themselves. They will gain the reading and writing skills necessary to write, analyze and evaluate detailed texts. By the end of English I, students are expected to read and understand increasingly complex texts at the upper end of the ninth grade reading range.

Foundation of English 2:

High School Literacy Foundations students will be immersed in reading and writing that will accelerate the development of their literacy skills. Through literary study of high interest fiction and an analytic study of non-fiction texts, students will develop their reading fluency,

comprehension and vocabulary so reading becomes easier and enjoyable. Non-fiction texts from all academic content area classes and student research will be accessed, explored, analyzed and evaluated as students sharpen the literary skills necessary to be a successful reader and writer in school, college, and the workplace.

English 2 Honors:

Prerequisite: English I

English II students will study literature; informational texts; poetry; drama; biographical works; influential documents of historical and literary significance; and art from varied communities and identities. Texts include selections from the Americas (Caribbean, Central, South, and North), Africa, Eastern Europe, Asia, Oceania, and the Middle East to guide students as they develop an understanding of world cultures, contemporary issues, and their world. They will fine tune the reading and writing skills necessary to write, analyze and evaluate detailed arguments. By the end of English II, students are expected to read and understand increasingly complex texts at the upper end of the tenth grade reading range. Students are required to take the North Carolina English II Ready EOC. Must be taken by the end of Grade 10.

English 3 Honors:

Prerequisite: English II

English III students will study literature; historical documents; informational texts; poetry; drama; biographical works; and art to deepen their understanding of the intertwined influences of history, literature, and culture. Students will read and write to interrogate both classic and contemporary texts for their treatment of individuals, peoples, power, and identity. Students will build the complex literacy skills necessary to compile information from sources into meaningful and well written original texts. By the end of English III, students are expected to read and understand increasingly complex texts at the high end of the 11th grade reading range.

AP English Language and Composition:

Prerequisite: English II

This intensive, college-level course emphasizes the rhetorical structures of effective writing. Students will read classic and contemporary texts for rhetorical analysis discussions and essays. Students are expected to take the AP exam in May

English 4 Honors:

Prerequisite: English III

English IV students will study literature; historical documents; informational texts; poetry; drama; biographical works; influential documents of historical and literary significance; and art from people, communities and cultures around the globe. By exploring works of colonized peoples and colonizers through critical discourse analysis, students will master the complex literacy skills necessary to gather and evaluate information for use in their own argument,

narrative, and informational writing. By the end of English IV, students are expected to read and understand increasingly complex texts at the upper end of the twelfth grade reading range.

AP English Literature and Composition:

Prerequisite: English III

This intensive, college-level course emphasizes critical reading and the analysis of literature. Students will read classic and contemporary texts for critical literary analysis discussions and essays. Students are expected to take the AP exam in May.

Mathematics

Foundation of Math 1:

Prerequisite: None

Recommended for some students as a prerequisite to NC Math 1. Foundations of Math 1 students will extend their understanding of middle grades math. Students will also accelerate their learning of mathematics concepts that are addressed in NC Math 1.

Math 1 Honors:

Prerequisite: None

This rigorous course is designed to formalize and extend the mathematics learned in the middle grades. The topics studied seek to deepen and extend understanding of linear relationships, in part by contrasting them with exponential and quadratic phenomena, and in part by applying linear models to data that exhibit a linear trend. NC Math 1 uses properties and theorems involving congruent figures to deepen and extend understanding of geometric knowledge from prior grades. Culminating units of study tie together the algebraic and geometric ideas studied and also provide students opportunities to have experiences with more formal means of assessing how a model fits data. Students use regression techniques to describe approximately linear relationships between two quantities. They further use graphical representations and knowledge of the context to make judgments about the appropriateness of the linear models. Appropriate technology and tools, including manipulatives and calculators, will be used regularly for instruction and assessment. Must be taken by the end of Grade 10. **Note:** Students in this course must take the End-of-Course test for NC Math 1.

Foundation of Math 2:

Prerequisite: NC Math 1

Recommended for some students as a prerequisite to NC Math 2. Foundations of Math 2 students will preview key NC Math 2 topics while reinforcing proficiency of NC Math 1 concepts.

Math 2 Honors:

Prerequisite: NC Math 1/Honors NC Math 1

This rigorous course focuses on quadratic expressions, equations, and functions; comparing their characteristics and behavior to those of linear and exponential functions as a continuing study from NC Math 1. The need for extending the set of rational numbers arises, and complex numbers are introduced so that all quadratic equations can be solved. The link between probability and data is explored through conditional probability and counting methods, including their use in making and evaluating decisions. The study of similarity leads to an understanding of right triangle trigonometry and connects to quadratics through the Pythagorean relationships. Circles, with their quadratic algebraic representations, complete the course. Appropriate technology and tools, including manipulatives and calculators, will be used regularly for instruction and assessment.

Math 3 Honors:

Prerequisite: NC Math 2/Honors NC Math 2

This course is designed so that students have the opportunity to pull together and apply the accumulation of mathematics concepts learned previously. They apply methods from probability and statistics to draw inferences and conclusions from data. Students expand their repertoire of functions to include polynomial, rational, and radical functions, including an intense study of families of functions and the relationships therein. They expand their study of right triangle trigonometry to include general triangles and in the study of trigonometric functions to model simple periodic phenomena. Finally, students bring together all of their experience with functions and geometry to create models and solve contextual problems. Appropriate technology and tools, including manipulatives and calculators, will be used regularly for instruction and assessment.

Note: Students in this course must take the End-of-Course test for NC Math 3.

Math 4 Honors:

Prerequisite: NC Math 3/Honors NC Math 3

The primary focus of this course is on functions and statistical thinking, continuing the study of algebra, functions, trigonometry and statistical concepts previously experienced in NC Math 1-3. The course is designed to be a capstone to introductory statistical concepts. Additionally, the course intentionally integrates concepts from algebra and functions to demonstrate the close relationship between algebraic reasoning as applied to the characteristics and behaviors of more complex functions. In many cases, undergraduate students majoring in nonSTEM fields will take an entry-level Algebra or Introductory Statistics course. Students will be prepared for college level algebra and statistics or as a bridge to prepare students for Precalculus or other advanced math courses

Pre-Calculus Honors:

Prerequisite: NC Math 3/Honors NC Math 3 (Precalculus is only offered as an honors level course)

The purpose of Precalculus is to build upon the study of algebra, functions, and trigonometry experienced in previous high school mathematics courses. This course will build on students' algebraic skills and understanding of functions to delve into real world phenomena and to deepen understanding of the functions in the course. This course is designed for students pursuing careers in STEM related fields. Students will be prepared for Calculus, AP Calculus and any entry-level college course.

AP Statistics:

Prerequisite: NC Math 3, NC Math 4, Discrete Mathematics for Computer Science, or Precalculus

AP Statistics introduces students to the major concepts and tools for collecting, analyzing and drawing conclusions from data. Students will observe patterns and departure from patterns, decide what and how to measure, produce models using probability and simulation, and confirm models. Appropriate technology, from manipulatives to calculators and applications software, will be used regularly for instruction and assessment. **Note:** Students in this course are expected to take the AP exam in May.

AP Calculus AB:

Prerequisite: Honors Precalculus (It is recommended that students who enroll in this course have completed or are enrolled in Physics and earned at least a C average in Pre-Calculus).

This course emphasizes introductory calculus with elementary functions. Topics include properties of functions, limits, derivatives and their applications, techniques of integration, the definite integral, and applications of the integral. **Note:** Students in this course are expected to take the AP exam in May.

Science

Earth & Environmental Science Honors:

Prerequisite: None

This course investigates the four main branches of earth science: geology, meteorology, astronomy, and oceanography. Students learn about the interrelationships among living organisms and their physical environment through laboratory activities and fieldwork. Students study how humans impact their environment and how the environment influences human life. The honors level is more rigorous with a greater emphasis on problem solving, outside reading, research, and application of concepts to real world problems.

Physical Science:

Prerequisite: None

This course is a quantitative study of matter and energy and their interactions. Topics include mechanics, light, heat, electricity, magnetism, sound, and radiation, as well as a study of the chemical structure and composition of matter. Students will be responsible for laboratory activities and will need to be able to use mathematical formulas and equations

Biology Honors:

Prerequisite: Honors level students in 9th grade must have met the criteria as outlined in the DPS Parent Guide for Equitable Placement

Students survey the history and development of biology including an introduction to biochemistry, cellular biology, genetics, heredity, evolution, and ecosystems. Students will engage in laboratory activities to develop process and problem solving skills. There is an emphasis on problem solving, outside reading, research, and application of concepts to real world problems. Must be taken by the end of Grade 11.

Chemistry Honors:

Prerequisites: NC Math 3 or concurrent enrollment in NC Math 3 is recommended for Honors level.

Students study a variety of chemistry topics including chemical equations and reactions; stoichiometry; the periodic table, atomic theory, molecular chemistry, kinetic theory, gas laws, solutions, and acid-base behavior. Students will use their mathematics and problem solving skills to complete laboratory activities. The honors level is more rigorous with a greater emphasis on problem solving, outside reading, research, and application of concepts to real world problems.

Forensic Science:

Prerequisites: Biology and NC Math 2

Forensic science is a fun, very hands-on science elective class. You will learn many of the evidence processing techniques used in forensic science labs, as well as how to process a crime scene. As an advanced elective, this course includes more writing assignments and research projects than a typical science course.

Microbiology:

Prerequisites: Biology and Chemistry

This course is a lab-based science course that builds on what was learned in Biology. Half of the class focuses on microscopic organisms (bacteria, viruses, fungi and protists) and how to handle and process them properly in a lab setting. The other half of the course is an in-depth look at genetics and molecular biology techniques, including topics like DNA fingerprinting, CRISPR, and the ethical use of genetic technology.

Physics Honors:

Prerequisite: NC Math 3 or concurrent enrollment in NC Math 3 is recommended for Honors level

Through laboratory activities and quantitative analysis, students learn about kinematics, dynamics, electricity, wave theory, and optics. The honors level is more rigorous with a greater emphasis on problem solving, outside reading, research, and application of concepts to real world problems.

AP Environmental Science:

Prerequisites: Biology, Chemistry or Physics, and NC Math 2

Students learn how organisms and their environment interact through field, laboratory and classroom work. Through the scientific principles, concepts and methodologies, students will identify and analyze both natural and human-made environmental problems, evaluate the risks associated with those problems, and examine alternative solutions for resolving or preventing them. Textbooks, resources and labs performed by AP students will be the equivalent of those of college students. Students are expected to take the AP exam in May.

AP Biology:

Prerequisites: Biology and Chemistry

This course aims to provide students with the conceptual framework, factual knowledge, and analytical skills necessary to deal critically with the rapidly changing science of biology. Three general areas covered in depth in this course are molecules and cells, heredity and evolution, and organisms and populations. Textbooks, resources and labs performed by AP students will be the equivalent of those of college students. Students are expected to take the AP exam in May.

Social Studies**World History Honors:**

Prerequisite: None

This course will address six (6) periods in the study of World History, with a key focus of study from the mid-15th century to the present. The progression is grouped around a basic core of chronologically-organized periods and events in history; students will study major turning points that shaped the modern world. As students examine the historical roots of significant events, ideas, movements, and phenomena, they encounter the contributions and patterns of civilizations of the past and societies around the world. They broaden their historical perspectives as they explore ways societies have dealt with continuity and change, exemplified by concepts such as civilization, revolution, government, economics, war, stability, movement, and technology.

AP World History - Modern:

Prerequisite: None

The purpose of the AP World History course is to develop a greater understanding of the evolution of global processes, in interaction with different types of human societies. Students will read a variety of historical documents and interpretations of World History, write essay responses to document based questions, and prepare to take the AP Exam. Students are expected to take the AP exam in May. (Please note beginning in the 2019-2020 school year, AP World History: Modern replaced the previous AP World History course.)

Founding Principles: Civics and Economics Honors:

Prerequisite: None

This course teaches the skills and knowledge necessary to become responsible and effective citizens in an interdependent world. It provides a framework for understanding the basic tenets of American democracy, practices of American government as established by the United States Constitution, basic concepts of American politics and citizenship, and concepts in macro and micro economics and personal finance. The course is organized under three strands – Civics and Government, Personal Financial Literacy and Economics. Students will gain a practical understanding of legal, political, and economic systems that affect their lives as consumers and citizens.

American History Honors:

Prerequisite: World History

This course will guide students through American history from the colonial period through the early 21st century. Students will examine the political, economic, social and cultural development of the United States. The desired outcome of this course is for students to develop an understanding of the cause-and-effect relationship between past and present events, recognize patterns of interactions, and understand the impact of events on the U.S. in an interconnected world.

Economics and Personal Finance Honors:

Prerequisite: World History

The Economics and Personal Finance (EPF) course is intended to be a study of economics, personal finance, income and education, money management, critical consumerism, and financial planning. This course has been legislated by N.C. Session Law 2019-82, House Bill 924.

AP Psychology:

Prerequisite: Classification as a sophomore, junior or senior

This course is a reading systematic and scientific study of the behavior and mental processes of human beings and other animals. Students explore the psychological facts, principles, and phenomena of the major sub fields, and the methods psychologists use in their science and practice. Students are expected to take the AP exam in May.

CTE Courses

Parenting and Child Development (FE60): This course introduces students to responsible nurturing and basic applications of child development theory with children from infancy through age six. Areas of study include parenthood decisions, childcare issues, prenatal development and care, and development and care of infants, toddlers, and children three through six. Emphasis is on responsibilities of parents, readiness for parenting, and the influence parents have on children while providing care and guidance. Art, English language arts, and science are reinforced.

Counseling and Mental Health I (FC13): This course is designed to introduce students to the counseling and mental health field through understanding how to create healthy, respectful, and caring relationships across the life span. Emphasis is placed on understanding mental health, family and friend dynamics, effective communication, and healthy intrapersonal and interpersonal relationships. English/language arts, social studies, and technology are reinforced.

Counseling and Mental Health II (FC14):

Prerequisite: Counseling and Mental Health I (FC13)

Students in this course will gain a deeper understanding of the counseling and mental health field and factors that affect mental health. Emphasis is placed on understanding the human brain and psyche, theories of development, mental disorders, treatment options, and teen violence issues. Activities engage students in exploring various counseling and mental health careers, while building essential life literacy skills they can apply in their own lives to achieve optimal wellbeing. English/language arts, social studies, science, technology, interpersonal relationships are reinforced.

Foundation of Health Science:

This course is designed to assist potential health care workers in their role and function as health team members. Topics include medical terminology, the history of health care, healthcare agencies, ethics, legal responsibilities, health careers, holistic health, health care trends, cultural awareness, communication, medical math, leadership, and career decision making. English language arts are reinforced.

This course is recommended before moving into other Health Science courses

Health Science 1:

Prerequisite: None (Foundations recommended)

This course focuses on human anatomy, physiology, and diseases. After an introductory unit on general anatomical vocabulary, each body system is studied in detail. The class includes projects, dissections, guest speakers, and use of the Anatomage table. This course provides an excellent foundation for further study in the health sciences.

Health Science II:

Prerequisite: Health Science I

Description: This course developed to help students expand their understanding of the healthcare industry, including employability skills, safety and infection control procedures, and clinical skills used by allied health professionals. In addition, students will demonstrate their understanding of cardiovascular and respiratory systems by applying BLS CPR skills. Projects, teamwork, and demonstrations serve as instructional strategies to reinforce the curriculum content. English language arts and science are reinforced in this course.

CTE Advanced Studies:

Prerequisite: Two technical credits in one Career Pathway

Description: This culminating course is for juniors and seniors who have earned two technical credits, one of which is a completer course, in one Career Pathway. The Advanced Studies course must augment the content of the completer course and prepare students for success in transitioning to postsecondary education and future careers. Students work under the guidance of a teacher with expertise in the content of the completer course in collaboration with community members, business representatives, and other school-based personnel. The four parts of the course include writing a research paper, producing a product, developing a portfolio, and delivering a presentation. Students demonstrate their abilities to use 21st century skills. Competitive events, community service, and leadership activities provide the opportunity to apply essential standards and workplace readiness skills through authentic experiences.

**Nursing Fundamentals and Practicum Honors:
(2 credits)**

Prerequisite: Health Science II

If certified students MUST be able to work 8 hours within 2 years post certification. So students should be no less than 16.5 years of age by the end of the course.

Students MUST have a valid social security number to be eligible to take the certification exam.

This course is designed for students interested in medical careers where personal care and basic nursing skills are used. This course is an enhanced adaptation of the North Carolina Division of Health Service Regulation (DHSR) Nurse Aide I (NAI) curriculum and helps prepare students for the National Nurse Aide Assessment (NNAAP). Students who pass the NNAAP become listed on the NC NAI Registry. English, language arts, mathematics, and science are reinforced. *Enrollment is limited per North Carolina Board of Nursing (BON) Administrative Rule 21 NCAC 36.0318(i), which requires the ratio of teacher to nurse aide students be 1:10 or less during lab instruction, demonstration, skills practice, and while in the clinical area.

Emergency Medical Technology 1:

Prerequisite: English II

Student Age: Students MUST be 17 years of age by the last day of the course

Students MUST have a valid social security number to be eligible to take certification exam

This course is aligned to the EMT Basic certification available from the North Carolina Office of Emergency Medical Services and is part I of a two course sequence required to meet the mandatory hours of training. The course includes skills in each area, using resources from the community to help deliver instruction to the students. English language arts are reinforced. Students must be 17 years of age prior to enrollment per NCOEMS requirements.

Emergency Medical Technology 2 Honors:

Student Age: Students MUST be 17 years of age by the last day of the course

Prerequisite: Emergency Medical Technology I (eligible to sit for EMR certification) and English III

Students MUST have a valid social security number to be eligible to take certification exam

This course is aligned to the EMT Basic certification available from the North Carolina Office of Emergency Medical Services and is part II of a two course sequence required to meet the mandatory hours of training. The course includes skills in each area, using resources from the community to help deliver instruction to the students. English language arts are reinforced.

Gerontology:

Prerequisite: Health Science II and Nurse Aide I

Students must complete the Nursing Fundamentals and Practicum Honors before or plan to take the plan to complete the Nursing Fundamentals and Practicum Honors course.

This course is designed to prepare students to be Gerontology Aides or provide the credentialing for individuals in the field who wish to add Gerontology Aide coursework to their credentials. The Nurse Aide I curriculum contains many generic techniques that meet the standard of care but does not adequately prepare these direct care workers to meet the complex needs of the older adult. Building on the competencies obtained in the , the Geriatric Aide curriculum educates a new category of worker, an aide with special skills in geriatrics. The curriculum content serves as the core of the program, with principles of person-centered care incorporated throughout. While the curriculum is specific to the needs of residents in nursing homes, the program is applicable to any setting in which the older adult lives. The term “resident” is used throughout the curriculum to designate the individual receiving care. Other possible descriptors would be “patient,” “client,” “person” or “individual” depending on the setting.

Minimum Requirements

To meet minimum requirements, a program must consist of at least 100 clock hours of instruction, including, at a minimum, 75 clock hours in the classroom (theory) and, at a minimum, 25 hours in the clinical setting.

Pharmacy Technician:

Prerequisite: Health Science 2 or Biomedical Technology

This course has self-paced, on-line instruction designed to prepare high school upperclassmen for a pharmacy technician career. Topics included in this course are federal law, medication used in major body systems, calculations, and pharmacy operations. Mathematics is reinforced in this course.

Aligned Industry Credential: CPhT Certified Pharmacy Technician

Health Informatics I - Data and Use

Prerequisite: None

Description: This foundational course focuses on the use of data and databases within the health field. Students explore the following questions using project-based and problem-based scenarios. What are data? What are the sources of data in the medical and health informatics fields? How can we use data? How do we make sense of data? How may we apply data to our own lives? Students interact with professionals in the health informatics field through interviews or on-site and/or virtual field trips.

* Course enrollment limited to 20 to ensure safety in laboratory settings.

Health Informatics II - Transforming Data

Prerequisite: Health Informatics I - Data and Use

Description: In this course, students study ways to use data to address both patient and industry needs in the health-care field. Students use software such as Microsoft Access, Excel and Balsamiq to collect and analyze data, develop a health-care registry, create a mobile app mockup, and develop forms and systems to solve health-care problems. The following questions are addressed through project or problem-based scenarios: How can technology and analysis create better information to inform better decisions? How can we use technology tools to create information from data? How can we use technology to improve public and individual health? How can we use technology to protect patient privacy?

* Course enrollment limited to 20 to ensure safety in laboratory setting

Child Development:

Pre-requisite: None

This course introduces students to responsible nurturing and basic applications of child development theory with children from infancy through age six. Areas of study include parenthood decisions, childcare issues, prenatal development and care, and development and care of infants, toddlers, and children three through six. Emphasis is on responsibilities of parents, readiness for parenting, and the influence parents have on children while providing care and guidance. Art, English language arts, and science are reinforced.

Mental Health 1:**Pre-requisite: Child Development**

This course is designed to introduce students to the counseling and mental health field through understanding how to create healthy, respectful, and caring relationships across the life span. Emphasis is placed on understanding mental health, family and friend dynamics, effective communication, and healthy intrapersonal and interpersonal relationships. English/language arts, social studies, and technology are reinforced.

Mental Health 2:**Pre-requisite: Mental Health 1**

Students in this course will gain a deeper understanding for the counseling and mental health field and factors that affect mental health. Emphasis is placed on understanding the human brain and psyche, theories of development, mental disorders, treatment options, and teen violence issues. Activities engage students in exploring various counseling and mental health careers, while building essential life literacy skills they can apply in their own lives to achieve optimal wellbeing. English/language arts, social studies, science, technology, interpersonal relationships are reinforced.

World Languages

Spanish 1:

Prerequisite: None

This course introduces students to the target language and its culture. This class develops listening, speaking, reading, and writing skills, with emphasis placed on interpersonal communication and proficiency. Students will acquire skills through real-world situations and use their experiences to practice these skills. Students develop an appreciation for how languages and cultures work by comparing the target language and culture(s) to their own. Classes are conducted primarily in the target language. Students will learn on the Novice Low & Novice Mid-levels of language proficiency according to the North Carolina World Language Essential Standards. Heritage speakers or students who have lived abroad may be placed into higher levels of language without taking a prerequisite, based on a language proficiency assessment. These students are not awarded credit for the level(s) they may place out of. . Students must take district common assessments and will receive 1 HS credit, pending assessment results

Spanish 2:

Prerequisite: Level I or Proficiency Assessment Results Students further develop their listening, speaking, reading and writing skills; with emphasis placed on interpersonal communication and proficiency. By the end of the course, students will be able to interact with others on issues of everyday life. Students will acquire skills through real-world situations and use their experiences to practice these skills. Students will also continue to learn about the differences between languages and cultures, and how different cultures influence each other. Students will learn on the Novice High & Intermediate Low levels of language proficiency according to the North Carolina World Language Essential Standards. It is recommended that students enrolled in this course pass Level I with a “C” or above.

Spanish 3:

Prerequisite: Level II or Proficiency Assessment Results Students’ skills with listening, speaking, reading, and writing progress to allow them to participate in conversations, read short literary texts and other material about familiar topics, and write short cohesive passages using the present, past, and future tenses. In discussions, presentations, and written texts, students will be able to identify the main ideas and significant details. As they continue to build their knowledge of the target culture, students develop a deeper understanding of the interrelationships of other cultures to their own and will be able to exhibit behaviors appropriate to the target culture, with emphasis being placed on interpersonal communication and proficiency. Students will learn on the Intermediate Low and Intermediate Mid Levels of language proficiency according to the North Carolina World Language Essential Standards. It is recommended that students enrolled in this course pass Level II with a “C” or above.

Health & Physical Education

Health & PE:**Prerequisite: None**

The health component of this course teaches students the habits and practices that will help them maintain a healthy lifestyle now and in the future. Topics include: stress management, substance abuse, nutrition, weight management, self-protection, and relationships. Students also learn how to avoid serious health risks, manage their own behavior, and build self-esteem. Sex education stresses the benefits of abstinence until marriage, the importance of avoiding out-of-wedlock pregnancy, and the need to prevent sexually-transmitted diseases. The physical education component includes personal fitness, recreational dance, game and sport skills, and gymnastics. Students must dress out and participate actively if they are to acquire a better understanding of and appreciation for the importance of lifetime fitness. Physical Education teachers will administer fitness testing.

