**Brag Sheet: Student Questionnaire for Teacher Letter of Recommendation**

Complete the following form to help your teacher write a letter of recommendation on your behalf. This gives them more insight into who you are outside of school and your interests. Keep in mind, the more specific the details you can give, the more personal and effective your recommendation will be.

**Be sure to give your recommender ample time to write.** Ask them **one month before** the application deadline.  
  
Make sure that they know the deadline ahead of time and remind them as it approaches

**It would also be very beneficial to provide your teacher with:**

* a resume including extracurricular activities, honors/awards, and leadership experiences
* a draft of your college application personal essay
* any other information you think is important so they have ideas for what to write in the letter

Don’t forget to take the time to thank your teacher!Below you’ll find a suggested thank you note to include—but feel free to add your own touch.

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Dear [name of teacher],

Thank you so much for agreeing to write a letter of recommendation on my behalf. I hope you find the additional information about me helpful.

Sincerely,

[Name of student]

Date

\*Attach Brag Sheet Below\*

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***STUDENT BRAG SHEET***

Name***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

Student’s email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student’s phone # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. List the colleges you are applying to:
2. List 3-5 adjectives you would use to describe yourself.

1. What are some of your strengths?
2. Briefly describe a lesson or unit in the class that you enjoyed and why.

1. What are your academic interests and career goals? What are you interested in studying in college?

1. How do you spend your time outside of school? Include hobbies, family responsibilities, work, or other commitments.

1. Which extracurricular activity has most influenced you? How long and in what ways have you been involved?

1. Describe a challenge you faced and how you addressed it?
2. **Below is a list of attributes colleges consider when evaluating your application. Select 1 or 2 of these attributes and share an example of a time you demonstrated these characteristics in class.**   
   Academic achievement, intellectual promise, quality of writing, creative and original thought, productive class discussion, respect accorded by faculty, disciplined work habits, maturity, motivation, leadership, integrity, reaction to setbacks, concern for others, self-confidence, initiative, and independence.

1. If applicable, please explain any personal/family circumstances that have impacted your well-being, health, and/or academic performance. (Examples: personal or family illness, financial circumstances, separation or divorce of parents, access to reliable technology)

1. Use this space to share any additional information with your teacher. Is there anything not already stated that you want to make sure they know prior to writing your letter of recommendation?

**Optional —**The next portion is for your parent or another trusted adult:  
  
  
 1. What 5 words/phrases describe your student?

2. Please write about your student from your own perspective. What makes him/her unique? Comment on strengths, values, and special qualities that we may not see at school. How do you feel the college experience will benefit your student?